



**Tired of repeating yourself to get your kids to listen?  
Trying to figure out a discipline strategy that works?**

Get the answers to these questions and much more by attending this **FREE** evidence-based parenting program, **ACTIVE PARENTING NOW**.

Parents will gain the confidence in their role as a parent, improve relationships, help their kids succeed in school and in life, all while reducing their stress.

Topics include *discipline, communication, problem-solving strategies, building independence, responsibility, resiliency, and more!*

Join us for these **FREE** virtual parenting workshops!

This series builds parenting skills in a sequence. Attendees need to attend all 6 one-hour sessions to get the most out of the program. (Parent Guides may be picked up at the Worthington Education Center after confirmation email is received.)

**DATES:** Oct. 11, 12, 18, 19, 25, 26

**TIME:** Noon to 1 pm each session

**LOCATION:** Zoom (Link will be sent prior to Session 1)

**REGISTER BY OCTOBER 6, 2021**

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**ACTIVE PARENTING NOW**  
FOR CAREGIVERS OF  
CHILDREN  
AGES 5-12  
**REGISTER TODAY!**

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**ACTIVE PARENTING OF TEENS**  
FOR CAREGIVERS OF  
CHILDREN  
AGES 12+  
**COMING NOVEMBER 2021**

**REGISTER AT:**  
**<https://bit.ly/ActiveParentingNow1>**  
*(this link is case sensitive)*