

Ohio Capital Conference Track and Field Meet Cardinal Division

Thursday, May 9 at Hilliard Davidson

4:00 Field Events for Cardinal Division

Boys: Shot, Long Jump

Girls: Discus, Pole Vault, High Jump

6:30 Running Events for Cardinal Division

3200m Relay - Final Event

100 / 110m Hurdles (3 heats, top 8 times to finals)

100m Dash (3 heats, top 8 times to finals)

400m Dash (3 heats, top 8 times to finals)

300m IMH (3 heats, top 8 times to finals)

200m Dash (3 heats, top 8 times to finals)

Saturday, May 11 at Hilliard Davidson

3:00 Field Events for Cardinal Division

Girls: Shot, Long Jump

Boys: Discus, Pole Vault, High Jump

5:00 Running Events for Cardinal Division

100 / 110m Hurdles

100m Dash

800m Relay

1600m Run

400m Relay

400m Dash

300m Intermediate Hurdles

800m Run

200m Dash

3200m Run

1600m Relay