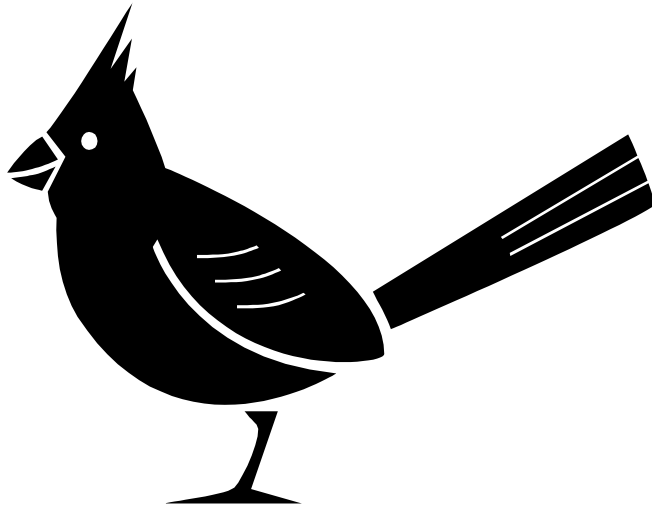


Worthington Middle School

Parent Handbook

Kilbourne Middle School
Worthingway Middle School



McCord Middle School
Phoenix Middle School

WORTHINGTON MIDDLE SCHOOL PARENT MEETING

Parents are a Child's #1 Fan

(Parents need to attend one meet each year – they will be offered each season.)

- I. Opening
 - a. Thank you for attending
 - b. Outline of the meeting's agenda
 - c. Purpose of middle school sports
 - i. To develop the total child

- II. Protocol for Working with Coaches
 - a. Chain of communication
 - i. Send athlete to coach
 - ii. If no resolution, phone coach (Do not approach during game.)
 - iii. Phone Athletic Director
 - iv. Phone Principal

- III. Uniforms
 - a. Your child is responsible for his/her uniform – please keep it clean.

- IV. Participation Fees
 - a. Not pay to play (Not an excuse for playing time.)
Any sport - \$125
(\$10 fee is added to non-sanctioned OHSAA sports to cover catastrophic insurance provided by the district)

- V. Forms (To be completed and turned in before leaving.)
 - a. Physicals (already in, signed and dated by doctor and parent, good for one year)
 - b. Emergency medical card: Turned in before athlete practices
 - c. Drug and Alcohol policy
 - d. Liability form
 - e. Eligibility form – Perry only
 - f. Sportsmanship form – Perry only

- VI. A.T.O.D.
 - a. Review policy with parents (copy included)
 - b. Goal: Kids not using A.T.O.D.
 - c. Data – P.P.A.A.U.S. Survey (data included)

- VII. Resources
 - a. Videos
 - i. *Dick Vitale – Game of Life*
 - ii. *Teaching Heroes (Inspiring Your Child from the Sidelines)*
 - iii. Mike Thompson – In Search of Character Series
 - iv. *In the Know: Tobacco, Alcohol and Marijuana*
 - v. *NFHS Video Series* (will provide)

- b. Websites
 - i. www.goodcharacter.com
 - ii. www.drugfreesport.com/choices
 - iii. www.sportsparenting.org/csp/

- c. Reading
 - i. Parent tip sheet
 - ii. Readings included in packet

VIII. Team Pictures – TBA

IX. Passes

Middle School District Pass – admission to all middle school sporting events at four Worthington sites

Adult - \$35.00

Student - \$10.00

All District Pass – admission to all home regular sporting events for four middle schools and both high schools events

Adult - \$100.00

Student - \$55.00

X. Questions

XI. Introduction of Coaches

- a. Team breakout sessions

MISSION & VALUES OF THE WORTHINGTON SCHOOLS CO-CURRICULAR DEPARTMENT

MISSION

The Worthington Schools Co-Curricular Program will provide diverse opportunities for personal growth through the development of student participants' unique interests and/or talents.

VALUES

- Teamwork and cooperation
- Honesty, integrity, ethics and sportsmanship
- Striving for excellence
- Holistic growth of the individual

CHARACTER AND CITIZENSHIP

Partners for Citizenship and Character (PCC) is a group within the Worthington community which was formed to promote character and citizenship. The following character traits were most important to the citizens of Worthington and are celebrated each month across the schools and community.

January- Tolerance
February- Honesty
March- Diligence
April- Commitment

May- Trustworthiness
June- Moral Courage
July- Spirituality
August- Integrity

September- Respect
October-Responsibility
November-Self-discipline
December-Compassion

STUDENT PARTICIPATION IN THE CO-CURRICULAR PROGRAM

The Board of Education recognizes that a complete co-curricular program based upon student interest assists in the total education of students. While emphasis is given to the intellectual growth, diversified opportunities must be provided for students who wish to participate in the co-curricular program. All such programs must contribute to the goals of general education to justify their existence in the curriculum.

1. Participation in a co-curricular sport/activity is a privilege, not a right.
2. All participants will be subject to the rules and regulations of the respective sport/activity including the co-curricular Alcohol-Tobacco-Drug Policy.
3. Participants will be advised in writing of all regulations by their respective advisors or coaches prior to their participation in order for each student to determine the feasibility of such participation.
4. Violation of rules and regulations may result in loss of privilege to participate or other disciplinary action.

PARENT TIP SHEET

1. Be a positive role model.
2. Know where your child is and who he/she is with (have them check in with you).
3. Set a curfew and hold your child accountable to it.
4. Communicate with the parents of the children your child is with.
 - a. (i.e., If your child is going to a party, call the parents of the house they are going to and drop off some food to see the home.)
5. Plan activities with your child.
6. Look for “Red Flags” in your child’s behavior.
 - a. Change of friends
 - b. Loss of interest in school/athletics
 - c. Cigarette/Marijuana smell on clothes
 - d. Red eyes
 - e. Withdrawal from family group
 - f. Keeping secrets from family
7. Get involved in your child’s life.
 - a. Call the school to get feedback from their teachers
8. Educate yourself on issues of drugs/alcohol/tobacco.
 - a. The new language
 - b. Signs
 - c. Effects
9. Talk to your child.
10. “Play catch with your child.”

IF THE SHOE FITS

Please don't curse that girl down there;
She is my daughter, you see;
She's only just a girl you know,
She means the world to me.

I did not raise my daughter, dear fan,
For you to call her names;
She may not be a super-star,
And these are middle school games.

This game belongs to them you see,
You're really just a guest;
They do not need a fan that gripes,
They need the very best.

If you have nothing nice to say,
Please leave the girls alone,
And, if you forgot your manners,
Why don't you stay at home!!

So please don't curse those girls down there,
Because they're having fun,
And win or lose or tie, you see

To us they're NUMBER ONE!!!

Author Unknown

HOW CAN I BECOME AN ENCOURAGING VERSUS “PUSHY” PARENT?

“PUSHY” PARENTS

- Do not ask their children if they want to play sports, they instead sign them up for teams.
- Do not help their children explore opportunities beyond sports.
- Demand their children practice above and beyond what other athletes or the team requires.
- Routinely have disputes with coaches over their son or daughter’s playing time.
- Put off family vacations/gatherings against the child’s desire and schedule summer camps and clinics instead.
- Do not set time aside to listen to what their children really want to do in life and how they want to spend their time.

“ENCOURAGING” PARENTS

- Set time aside to listen to what their children’s interests are – sports and non-sport-related.
- Ask coaches for advice as to whether they are pushing their children too hard with training and conditioning.
- Make time away from sports by traveling or exploring non-sport experiences.
- Reward their child for effort, not just results.
- Help their child identify and use athletic transferable skills in the classroom.
- Set time aside to listen to what their children really want to do in life and how they want to spend their time.
- Take time to laugh at awkward or embarrassing moments that may happen over the course of a season (i.e., forgetting to touch first base, dropping an easy fly ball).
- ALWAYS leave the door open for their children to come and talk about anything.

THE SUCCESSFUL FAN

- Cheers, does not yell
- Stays in the fan section
- Treats opponents with respect
- Is a role model
- Models sportsmanship
- Does not point blame
- Let's the coach "Coach"
- Makes friends with other fans and parents
- Takes a deep breath before getting too tense
- Acts in ways you would want your child to act
- Models pro-social behavior
- Walks away from explosive emotions

YOU AND THE COACH

- Know the coach's philosophy
- Leave the "coaching" to the coach
- Do not interrupt coach at practice, games, or performances
- Do not yell at the coach from the stands
- Keep a sense of humor
- Volunteer
- Say thank you
- Offer support

SPORTSMANSHIP IS AN INTEGRAL PART OF THE MIDDLE SCHOOL EXPERIENCE. WE REQUEST THAT PARTICIPANTS, PARENTS, FANS, AND GAME OFFICIALS FOLLOW THE "GOLDEN RULE" AND KEEP THIS GAME IN ITS PROPER PERSPECTIVE. THANK YOU FOR YOUR COOPERATION AND GOOD LUCK TO BOTH TEAMS.

THE ROLE OF PARENTS IN INTERSCHOLASTIC ATHLETES

Communicating with Your Children

1. Make sure your children know that win or lose, scared or heroic, you love them, appreciate their efforts and are not disappointed in them. This will allow them to do their best without fear of failure. Be the person in their life they can look to for constant positive reinforcement.
2. Teach them to enjoy the thrill of competition, to be "out there trying," to be working to improve their skills and attitudes. Help them develop the feeling for competing, for trying hard, for having fun.
3. Try your best to be completely honest about your child's athletic ability, competitive attitude, sportsmanship and actual skill level.
4. Don't compare the skill, courage or attitude of your child with other members of the team.
5. Be helpful but don't coach them. It's tough not to, but it is a lot tougher for the child to be flooded with advice and critical instruction.
6. Don't compete with the coach. If your child is receiving mixed messages from two different authority figures, he or she will likely become disenchanted.
7. Get to know the coach(es). Then you can be assured that his or her philosophy, attitudes, ethics and knowledge are such that you are happy to have your child under his or her leadership.
8. Always remember that children tend to exaggerate, both when praised and when criticized. Temper your reaction and investigate before overreacting.
9. Make a point of understanding courage and the fact that it is relative. Some of us climb mountains and are afraid to fly. Some of us will fly but turn to jelly if a bee approaches. Everyone is frightened in certain areas. Explain that courage is not the absence of fear, but a means of doing something in spite of fear and discomfort.
10. Try not to relive your athletic life through your child in a way that creates pressure; you lost as well as won. You were frightened, you backed off a times, you were not always heroic. Don't pressure your child because of your pride. Athletic children need their parents, so you must not withdraw. Remember, there is a thinking feeling, sensitive, free spirit out there in that uniform who needs a lot of understanding, especially when their world turns bad. If they are comfortable with you win or lose, then they are on their way to maximum achievement and enjoyment.

Communicating with the Coach

Communication You Should Expect From Your Child's Coach

- Philosophy of the coach
- Expectations the coach has for your child as well as all players on the squad
- Locations and times of all practices and contests
- Team requirements (fees, special equipment, off-season conditioning)
- Procedure should your child be injured
- Disciplines that result in the denial of your child's participation.

Communication Coaches Expect From Parents

- Concerns expressed directly to the coach
- Notification of any schedule conflicts well in advance
- Specific concerns in regard to a coach's philosophy and/or expectations

Appropriate Concerns to Discuss with Coaches

- The treatment of your child, mentally and physically
- Ways to help your child improve
- Concerns about your child's behavior

Issues Not Appropriate to Discuss with Coaches

- Playing time
- Team strategy
- Play calling
- Other student-athletics

Appropriate Procedure for Discussing Concerns with Coaches

- Call to set up an appointment with the coach (contact the athletic administrator to set up the meeting if unable to reach the coach)
- Do not confront a coach before or after a contest or practice (these can be emotional times for all parties involved and do not promote resolution)

What if the Meeting with the Coach Did Not Provide Satisfactory Resolution?

- Call to set up an appointment with the athletic administrator or activities director
- Determine the appropriate next step at this meeting

OHSAA SPORTSMANSHIP POLICY

STUDENT-CONDUCT POLICY

As a prospective student-athlete, you are expected to accept seriously the responsibility and privilege of representing your school and community while participating in interscholastic athletics. School and athletic department personnel expect you to treat opponents with respect; respect the judgment of contest officials; abide by contest rules; display no behavior that could incite fans or other participants in the contest or which is intended to embarrass, ridicule or demean others under any circumstances including on the basis of race, religion, gender or national origin; cooperate with officials, your coaches and other participants to ensure a fair contest, and live up to the high standard of sporting conduct that has been established by your school.

STUDENT PARTICIPATION CONDUCT PENALTY

Any student ejected for unsportsmanlike conduct or flagrant foul shall be ineligible for contests for the remainder of that day, as well as for all contests in that sport until two regular season/tournament contests are played at the same level as the ejection (one contest in football). If the ejection occurs in the last contest of the season, the student shall be ineligible for the same period of time as stated above in the next sport in which the student participates. A student under suspension may not sit on the team bench, enter the locker room or be affiliated with the team in any way traveling to, during or traveling after the contest(s).

A student who is ejected a second time shall be suspended for the remainder of the season in that sport. A student who has been ejected for unsportsmanlike conduct for the second time in the season during the last contest shall be ineligible for a period of time/number of contests subject to the discretion of the Commissioner. The period of ineligibility shall commence during the next sport in which the student participates.

It is the responsibility of the local school authorities to ensure that this regulation is enforced. When an ineligible student is allowed to participate, forfeiture of the contest is mandatory. This regulation shall apply to all regular season and tournament contest and shall in no way limit the discretionary authority of the Commissioner as specified in the OHSAA Tournament Regulations. In accordance the Bylaw 8-3-1, the decisions of contest officials are final.

EJECTION OF COACHES FROM THE ATHLETIC CONTESTS

Any coach ejected from an interscholastic contest for unsportsmanlike conduct shall be suspended from coaching for the remainder of that day, as well as for all contests in that sport until two regular season/tournament contests are played at the same level as the ejection (one contest in football). If the ejection occurs in the last contest of the season, the coach shall be ineligible for the same number of games as stated above in the same sport during the following season in the next school year.

A coach who has been suspended from coaching may attend the contest, must be seated in the spectator area and may not give instructions to the players or to the individual who has been assigned to coach the team any time prior to or during the contest including halftime or any intermission. A suspended coach shall not travel with the squad in an away contest.

A coach who has been ejected for unsportsmanlike conduct for the second time shall be suspended indefinitely and required to attend a mandatory conference with the Commissioner at the OHSAA headquarters. The principal of the school shall be required to attend this conference as well. Any penalty shall be determined in accordance with Bylaw 12.

It is the responsibility of the local school authorities to ensure this regulation is enforced. When a suspended coach is allowed to participate, forfeiture of the contest is mandatory. This regulation shall apply to all regular season and tournament contests and shall in no way limit the discretionary authority of the Commissioner as specified in the OHSAA Tournament Regulations. In accordance with Bylaw 8-3-1, the decisions of contest officials are final.

SPORTSMANSHIP – A TOTAL TEAM EFFORT

COACHES

- Always set a good example for participants and fans to follow, exemplifying the highest moral and ethical behavior.
- Instruct participants in proper sportsmanship responsibilities and demand that they make sportsmanship the number one priority.
- Respect judgment of contest officials, abide by rules of the event and display no behavior that could incite fans.
- Treat opposing coaches, participants and fans with respect. Shake hands with officials and the opposing coach.
- Develop and enforce penalties for participants who do not abide by sportsmanship standards.
- Work with parents and support groups to help them understand the importance of good sportsmanship.
- Show concern for an injured player, regardless of team.
- Respect decisions made by contest officials.
- Do not blame the loss of the game on officials, coaches or participants. Players on your team are already under the stress of competition. Your actions toward officials can add to their stress and frustration both during and after competition.
- Be a fan, not a fanatic.

PARTICIPANTS

- Treat opponents with respect. Shake hands prior to and after contests. Do not embarrass, demean, taunt or intimidate your opponent with ridiculing motions, finger pointing or trash talking.
- Respect judgment of contest officials, abide by rules of the event and display no behavior that could incite fans.
- Cooperate with officials, coaches and fellow participants to conduct a fair contest.
- Accept seriously the responsibility and privilege of representing school and community; display positive public actions at all times.
- Live up to the high standard of sportsmanship established by the coach.

PARENTS, OTHER FANS

- A ticket is a privilege to observe a contest and support high school activities.
- Be an exemplary role model by positively supporting teams in every manner possible, including content of cheers and signs.
- Do not use profanity or displays of anger that draw attention away from the game.
- Encourage surrounding fans to display only sportsmanlike behavior and respect all fans, coaches and participants. Treat competition as just a game.
- Applaud during introduction of players, coaches and officials.
- Recognize players' performance with applause, regardless of team.

SPIRIT GROUPS

- Simulate desired crowd response using only positive cheers, signs and praise without antagonizing or demeaning opponents.
- Treat opposing spirit groups and fans with respect.
- Recognize outstanding performances on either side of the playing field or court.
- Know rules and strategies of the contest in order to cheer at proper times.
- Maintain enthusiasm and composure; serve as a role model.

SCHOOL ADMINISTRATORS

- Develop a program for teaching and promoting the ideals and fundamentals of good sportsmanship within the school, the league/conference and state.
- Provide appropriate supervisory personnel for inter-scholastic event.
- Support participants, coaches and fans who teach and display good sportsmanship.
- Recognize exemplary behavior and actively discourage undesirable conduct by participants, coaches and fans.
- Attend events whenever possible.

ALCOHOL, TOBACCO AND OTHER DRUG EXPECTATIONS FOR PARTICIPANTS IN THE CO-CURRICULAR PROGRAM

HISTORY, PRINCIPLES AND PHILOSOPHIES

These expectations are designed to help students and parents cope with drug, alcohol and tobacco use and to provide guidelines for each student/family to receive assistance as needed. Accordingly, the expectations and consequences established by the Worthington School's coaches and advisors and approved by the Board of Education are based upon the following beliefs:

- Participation in athletics and activities programs is a privilege (supported by the Ohio Revised Code). In the Worthington Schools this privilege is extended to students who are willing to make a commitment to attempt to develop their talents and skills to their ultimate level; therefore, the privilege of participation in co-curricular activities and athletics is extended to those who meet the expectation of non-use of alcohol, tobacco and controlled drugs.
- Use of controlled drugs, alcohol, or tobacco by any high school or middle school student inhibits attainment of individual potential; it is illegal; and it jeopardizes the student's health and safety; therefore, use of alcohol, tobacco, or drugs (including illegal use of prescription drugs) by students participating in the Co-curricular Program will not be tolerated.
- Use of alcohol, tobacco, or drugs (including illegal use of prescription drugs) by a student creates an environment which compromises his/her individual health, safety and welfare, as well as the health, safety and welfare of all student participants in that program; therefore, use of alcohol, tobacco, or drugs (including illegal use of prescription drugs) by students participating in the Co-curricular Program will not be tolerated.
- Participation of the Co-Curricular Program affords students many growth and learning opportunities centered around the commitment to reach one's own potential while contributing to team and/or organizational success. These are valuable learning opportunities that we want to make available to students; therefore, it is our desire to keep students interested and involved in programs and denial of privilege to participate will be a progressive consequence.
- Student participants will be held to a higher standard of accountability and conduct than the student who chooses not to represent a Worthington School because the participant is in a highly visible setting as a leader and performer; therefore, use of alcohol, tobacco, or drugs (including illegal use of prescription drugs) will not be tolerated by students who participate in the Co-Curricular Program.
- For a middle school or high school student to perform at his/her optimum level the student must make a year-round commitment to prepare mentally, physically and academically; therefore, the expectations of non-use are in effect 12 months of the year for the duration of a student's middle school and high school career.
- School officials' ignoring a rumor implies consent; therefore, all reports, information, or rumors will be investigated by coaches, advisors and/or administrators.
- The parent(s)/guardian(s) of a student participant have a right to be informed; therefore, the parent(s)/guardian(s) of students will be informed of the results of investigations in which it is determined that the student violated the policy.
- The student body has the greatest access to information concerning student use or drugs, alcohol and tobacco; therefore, in order to encourage student referrals, denial of privilege to participate will not be a penalty for students who self-refer for assistance and who agree to follow policy and assistance recommendations.
- A violation of these expectations is a betrayal of the trust placed in a Co-Curricular participant by teammates or fellow organizational members, coaches and advisors, and the school community; therefore, violations discovered independently from the self-referral process will carry penalties in regard to competition/contests/performances.
- Education and assistance are necessary in promoting a behavior change among students who have made the choice not to follow the coach's/advisor's expectation of non-use; therefore, any denial of privilege to participate will be reduced if the student chooses to enter the student assistance program. (The student assistance program includes an educational component for both students and parents and a drug testing component for students.)
- Participation is better than exclusion; therefore, the student may remain a participating member of the group/organization as long as he/she follows the assistance recommendations and so long as the student has not been suspended,

expelled, or removed from school for violations of the Student Code of Conduct.

- The Co-Curricular, Student Services and Guidance Departments and the school nurse are interrelated; therefore, these departments must share information in an effort to promote a lifestyle among students that is drug, alcohol and tobacco free.

NOTE: Professional judgment will be used regarding the sharing of confidential information with school staff, however, we believe that when all resources are called upon for assistance, more help can be provided to the student. Once a student enters the school-based assistance program, the student will be considered to have self-referred.

NOTE: Consequences by level are not carried from middle school to high school. The first violation of these expectations by a high school student is a level one violation. Additionally, a student who participates in both athletic and activity programs may be subject to consequences in both athletics and activities programs.

The following expectations and consequences are in effect and will be enforced for twelve (12) months of the year during all six years of the co-curricular participant's middle school and high school career. Consequences will be cumulative, and, for activities' participants, consequences will be adjusted to meet limited performance schedules as determined by the advisor and activities coordinator.

The Worthington Board of Education Believes:

1. Participation in athletics, activities programs and student leadership activities ("co-curricular programs") is a privilege extended to those students willing to make a commitment to attempt to develop their talents and skills to the ultimate level.
2. Participation in co-curricular programs affords students growth and learning opportunities for personal development and team participation and contribution.
3. Students who participate in co-curricular activities are highly visible school leaders and performers. Accordingly, such students should be held to a higher standard of conduct and behavior than those who do not participate.
4. The Board of Education has made a commitment to providing education to students about the harmful effects of alcohol, tobacco and illegal drugs and to providing information to parents when there is reason to believe that the use of such substances

has or may have occurred. The use of alcohol, tobacco or drugs is prohibited by the student discipline code. Any such use by any middle school or high school student participating in co-curricular activities, at any time or place, regardless of whether school is in session, will not be tolerated and may result in the loss of the privilege of participation. These expectations are in effect 12 months of the year for the duration of each student's middle school and high school.

5. The use of alcohol, tobacco or drugs will result in the loss of some or all of the privilege of participation in co-curricular activities. Student's who participate in the student assistance program, as provided in this policy, should receive a lesser consequence in recognition of their participation.

Prohibited Conduct for Pupils Participating in Co-curricular Activities

As used in this policy, "co-curricular activities" include all athletic programs, activities programs and student leadership activities. Student leadership includes appointed or elected leadership positions in athletics, student government or other co-curricular activities. References to the use, possession or sale of "alcohol," "tobacco," and "drugs" means the use, possession or sale of such substances as defined in and prohibited by the student discipline code. This policy is applicable to middle school and high school pupils participating in co-curricular activities. The prohibitions and penalties provided in this policy will be imposed in addition to, and not in the place of, penalties for conduct otherwise prohibited by the student conduct code. Co-curricular consequences will be imposed after school student conduct code violation penalties are completed.

Prohibited Conduct

No student participating in co-curricular activities shall use, possess, sell, offer to sell, conceal, transmit or distribute alcohol, tobacco, or any drug or drug paraphernalia prohibited by the student discipline code at any time. This prohibition shall be effective twelve months per year and shall be applicable regardless of the location of the student at the time.

Consequences

First Violation (Level 1)

Violation of this policy will result in the loss of the privilege of co-curricular participation (including contests, competitions, and performances) for one entire season (or, in the case of non-athletic activities, an equivalent period). Violation during a season will result in the loss of participation for the remainder of the season and for that portion of the next season equal to the time of the

season (or school year) when the violation took place. The penalty will be reduced to a loss of participation for the equivalent of 20 percent of the season/contests (or, in the case of non-athletic activities, an equivalent period) for students who promptly enter and successfully complete the student assistance program, as defined in this policy.

Second violation (Level 2)

A second violation of this policy will result in denial of the privilege of co-curricular participation for one calendar year from the date the violation is determined. The penalty will be reduced to a loss of participation for one-half of the season/contests (or, in the case of non-athletic activities, an equivalent period) if the student promptly enters and successfully completes the student assistance program.

Third Violation (Level 3)

A third violation of this policy shall result in denial of all privileges or co-curricular participation for the remainder of the student's school enrollment. The penalty will be reduced to denial of privileges of co-curricular participation for a period of one calendar year from the date the violation is determined if the student promptly enters and successfully completes the student assistance program.

Sale of Drugs- selling or distributing

The sale or distribution of prohibited drugs (including steroids) by a co-curricular participant will result in the denial of all privileges of co-curricular participation, including practices, for a period of one calendar year from the date the violation is determined.

Student Assistance Program

The Student Assistance Program may include one or more of the following components as determined by the school representative(s):

1. A substance abuse assessment or other appropriate assessment as determined by the school representative. Assessment shall be done by an independent agency at the student's or parent's expense.
2. A educational component for students and parents to be determined by the school representative in cooperation with the student and parent.
3. Participation in the Student Assistance Program includes student and parent consent to at least three unannounced drug tests to be provided at time determined by the school representative during the twelve month period following determination of the violation. In appropriate circumstances, the School Assistance Program may provide for more than three drug tests as agreed between the school representative, the

student and parent. All drug testing beyond the first level will be conducted in accordance with school district guidelines and be done at the expense of the student or parent.

Failure to pass any drug test will be considered a violation of the Co-Curricular Alcohol-Tobacco-Drug policy and will result in consequences being invoked as a subsequent violation.

Any reduction in co-curricular participation is conditioned on satisfactory completion of the education components of the policy by both the student and parent(s) and the drug testing component on the part of the student. Upon entering the Student Assistance Program, the student stays in for the duration of high school.

Self-Referral

A student may self-refer to the Student Assistance Program one time during the student's enrollment. There will be no loss of privilege to participate in co-curricular activities based on self-referral provided the student successfully completes the Student Assistance Program. The intent of permitting self-referral is to be compassionate toward the student athlete who comes to realize he/she has a drug or alcohol problem. It enables the young person to get help from a trusted coach or other adult who puts the student in touch with the student assistance program. Self-referral may be denied if based on information that would otherwise come to the attention of the school district. Self-referral will not be permitted for a student who is presently in the Student Assistance Program, including the drug-testing period or who has already had a violation. It is not intended to be used as a way to avoid the regular consequences of an incident that has already occurred. For details see your principal.

Due Process

Denial of co-curricular privileges for violations of this policy may be imposed by district administrative personnel, including building athletic directors and those persons charged with the directing of building activities programs. Prior to the determination of any violation of this policy, the district administrator shall advise the student of the conduct considered to be a violation and give the student an opportunity to respond to the charge. A student found to be in violation of this policy may appeal that determination to the building principal or the director of co-curricular activities. Any such appeal must be in writing and must be submitted not later than the end of the second school day following the day the violation was determined. The decision of the building principal shall be made in writing and shall be given to the student. The student may appeal the decision of the building principal or director of co-curricular activities to the

Superintendent. Any such appeal must be in writing and must be submitted to the

grading period. For eligibility purposes, summer school grades may not be used to substitute for failing grades received the final grading period of the regular school year or the lack of enough subjects taken the preceding grading period

Superintendent no later than the end of the second school day following the receipt by the student of the decision of the building principal or director of co-curricular activities. The decision of the Superintendent, or designee, shall be final. During the time any appeal is pending, all penalties provided in this policy shall be enforced.

Attendance (Class) Regulations

As outlined in the co-curricular handbook, a Worthington School student participating in the co-curricular program must be present in at least one-half of his/her regularly scheduled classes on the day of a contest or practice in order to be able to participate that day. One-half is defined as four (4) class periods which may include academic prep and scheduled option periods. This does not include lunch. Exceptional situations may be appealed to the principal or his/her designee.

Residence

A student is eligible at the school located in the Ohio school district where the parent or legal guardian resides when all other eligibility standards are met. If your parent/legal guardian lives outside of Ohio, you are not eligible unless you meet one of the exceptions to the residency bylaws. Bylaw 4-6-1 of the OHHSAA outlines the requirement of residency within established school attendance policies of the BOE (JC).

When there has been a change of custody, the student must reside in the same school district with the legal guardian.

Eligibility

Eligibility for each grading period is determined by grade received the preceding grading period. To be eligible, you must be currently enrolled in a member school and have received passing grades in a minimum of five one credit courses, or the equivalent, in the immediately preceding

SUBSTANCE ABUSE PROGRAMS

Parent-Athlete Workshops – Held for each athletic team at the start of each season, these workshops involve all coaches, parents and athletes in discussions about team rules and team goals for the coming season.

Saturday Family Workshops for Substance Abuse Education - Sponsored by the Franklin County Safe and Drug Free Consortium. These workshops are free to two or more family members. They follow an educational format which includes short lectures, films, discussions and role-playing in an informal setting. Held throughout the year, each workshop runs for three Saturdays, from 8:00 a.m. – 12:00 noon. Topics include “Living in a Chemical Using Society,” “Peers, Pressure, Parenting,” and “Substance Abuse and Families,” among others.

Intervention Assistance Team – The Intervention Assistance Team (IAT) is composed of staff members who provide expertise, support and care for students having difficulties in academic classes or in behavioral responsibilities. This is accomplished by providing extra school and/or community resources to students in need. In addition, this group provides teachers with support and strategies for developing the best plan for student success. Referrals can be made by staff or parents.

SUMMARY OF THE CO-CURRICULAR DRUG AND ALCOHOL POLICIES

GOALS of the POLICIES:

1. To encourage non-use of alcohol, tobacco and other drugs by students who participate in the Co-Curricular Program.
2. Help kids learn and grow through making individual choices which will have a positive effect on assisting them reach their maximum potential as performers on a team or in an organization.
3. Provide a healthy, safe and secure environment in which students can participate.

EXPECTATIONS/CONSEQUENCES:

I. SELLING ALCOHOL OR CONTROLLED SUBSTANCES

EXPECTATION: Student co-curricular participants will not sell or distribute illegal drugs or controlled substances.

CONSEQUENCE: Co-curricular participants selling or trafficking illegal drugs or controlled substances (steroids, etc.) shall be denied the privilege to participate in all co-curricular activities and practices for one calendar year from the date of the offense.

II. USE OF ALCOHOL, TOBACCO OR OTHER DRUGS (including CONTROLLED SUBSTANCE)

EXPECTATION: Student co-curricular participants are expected not to use or possess alcohol, tobacco, other drugs (including controlled substances), or drug paraphernalia at any time during their school career.

CONSEQUENCE: First Level Violation: Denial of privilege to participate for **ONE SEASON**.
 Second Level Violation: Denial of privilege to participate for **ONE YEAR** from date of enforcement for the violation.
 Third Level Violation: Denial of privilege to participate for the remainder of the student's **CAREER**.

Consequences if the student elects to participate in the STUDENT ASSISTANCE PROGRAM:

First Level Violation: **20%** of a season denial of privilege to participate and the Student Assistance Program

- 1) Prescribed educational assistance for parents and student, and;
- 2) Student successfully testing negative on a minimum of three unannounced drug tests within the next calendar year.

Second Level Violation: **50%** of a season denial of privilege to participate and the Student Assistance Program

- 1) Prescribed educational assistance for parents and student, and;
- 2) Student successfully testing negative on a minimum of three unannounced drug test within the next calendar year.

Third Level Violation: **ONE YEAR** denial of privilege to participate and the Student Assistance Program

- 1) Prescribed educational assistance for parents and student, and;
- 2) Student successfully testing negative on a minimum of three unannounced drug tests within the next calendar year.

STUDENT LEADERSHIP ISSUES:

- 1) At all levels, student leadership positions will be denied for one calendar year.
- 2) Positive drug tests will result in reinstatement of the original denial of privilege and will be a violation on the next level.

III. REFERRAL FOR ASSISTANCE

Self-referral is designed to provide the opportunity for students to enter the student assistance program. Self-referral will not carry **DENIAL OF PRIVILEGE IF STUDENT AND PARENT AGREE to the conditions set forth in the policy including education and drug testing.**

The intent is to enable the young person to get help from a trusted coach or other adult who puts the student in touch with the Student Assistance Program. It is not intended to be used as a way to avoid the regular consequences of an incident that has occurred.

NOTE: This is only a summary of the Co-Curricular Drug and Alcohol Policies. The complete policy can be found in the School's Student Handbook or in the Co-Curricular Student/Parent Handbook.

We acknowledge that we have read and understand the expectations and consequences of the Co-Curricular Drug and Alcohol Policies.

PARENT SIGNATURE	DATE	STUDENT SIGNATURE	DATE
------------------	------	-------------------	------

Worthington

Middle School Facts Sheet

Primary Prevention Awareness, Attitude and Use Survey – 2009 data

PPAAUS Assessment

The PPAAUS survey is provided to students in our county metropolitan area including Worthington every three years.

The Worthington student self-reported data tells us the following about Worthington's middle school eighth grade students and the community:

1) Tobacco use is slowly declining in the metro area and in Worthington, with 1% of our eighth grade middle school students reporting smoking regularly.

2) Alcohol use is slightly increasing in the metro area and in Worthington within middle schools as 5% of eighth grade students report they drink regularly (once a month or more).

3) Alcohol use is declining in the metro area and in Worthington, as the data shows the following regular use in high school:

Sophomore – 20% (dn.5%)

Senior – 38% (dn. 2%)

4) Marijuana use is increasing in the metro area but not in Worthington as we are holding steady with 2% of middle school students reporting to use regularly and high school students reporting use down slightly:

Sophomore – 12% (dn.1.7%)

Senior – 23% (dn. 1%)

5) Students were asked a question about where do they hear “do not use” messages and the following was reported:

Middle School Parents- grade 8

81%

Give clear “no use”

Grade 10

69%

Give clear “no use”

Grade 12

62%

Give clear “no use”

6) Students were asked a question about where they as individuals were most influenced in their decision about the use of ATOD and they self reported that families were most influential. “Strong family values against use.”

DIRECTIONS

BIG WALNUT – Follow 71 North to Route 36/37 exit and turn right. Take route 37 into Sunbury and turn right on Columbus Street (Old 3C Highway). Turn left on Letts and make a right onto Hill Street.

BROOKPARK – Take 71 South to Stringtown Road exit. Turn right on Stringtown Road. Go to Hoover Road (approximately 1 mile) and turn right. Go approximately three blocks, turn left at the fire station onto Southwest Boulevard, go two blocks. School is on the left.

DELAWARE DEMPSEY – 23 north to exit US 36. Make a left, go to Liberty Street, make a right. Take Liberty to Pennsylvania Avenue and make a left, school is on left just over the railroad tracks.

DUBLIN DAVIS – 270 to Sawmill Road exit. Turn right off the exit onto Sawmill Road. Take Sawmill to Saltergate and turn right. Saltergate runs into Sutter Parkway Road, turn right, the school is on the left.

DUBLIN GRIZZELL – 33 West to Avery Road/Muirfield, stay on Avery and you will come to the school. It is on Manley Road.

DUBLIN KARRER – 270 to exit 17B-West on Route 161/33 to first exit ramp (Avery/Muirfield Drive). North on Avery/Muirfield Drive past three traffic lights to the left (Tullymore Drive). Follow Tullymore Drive to school.

DUBLIN SELLS – West Bridge is 161 which runs right through Dublin. The school is located on the north side of street between Route 745 and Frantz Road.

FINLAND – 71 south to Frank Rod exit, turn west on Frank (left at light). Take Frank west about 1.5 miles to Finland Avenue. Turn right on Finland Avenue and follow it to the end and into parking lot.

GAHANNA EAST – 270 Route 62 exit. Go to Hamilton Road and turn left. You will come to a fork in the road and bear to the right onto Clark State Road. Turn left on Clotts Road. (Clotts is around a bend and hard to see). The school is on the right.

GAHANNA SOUTH – 270 to Hamilton Road North exit into Gahanna. Turn right on Havens Corner Road. Turn right on Helmbright, the school is approximately ½ mile down the road on the right side of Helmbright.

GAHANNA WEST – 270 east to Gahanna exit (Route 62). Once on 62 go to the first traffic light, turn left, this is Stygler Road. School is on the right about one mile.

GROVEPORT NORTH – 270 to Refugee Road turn left off exit. Go to Noe-Bixby Road, make a left. Take Noe-Bixby to Sedalia and make a right, school is on left.

GROVEPORT SOUTH – 270 or 70 east to Route 33, Lancaster exit, take Route 33 about one mile to Hamilton Road (also Route 317) turn right. Take Route 317 to Hendron Road, turn left, south on Hendron to the traffic light which is Glendening Drive.

HILLIARD HERITAGE – 270 west to Cemetery Road, west on Cemetery into Hilliard. Continue west on Cemetery for about three miles to Main Street. Cross Main Street, Cemetery will then become Scioto Darby Road. There is a series of three school buildings on the right. Heritage is the third building on the right. (Gymnastics is at Weaver Middle School).

HILLIARD MEMORIAL – Same s Hilliard Heritage, school is second building.

HILLIARD WEAVER – 270 west to Cemetery Road. Make a right at the exit. Continue west on Cemetery until you reach a light at Leap Road, make a right. Go to Davidson road and make a left. Make a right onto Avery and the school is on the left across from Davidson HS.

JACKSON – 71 south to St. Route 665 (approximately 4.5 miles from I-270) exit onto Rt. 665 and turn left. Go to Hoover Road about one mile from freeway. Hoover Road is located at the third left and just past Kroger's parking lot.

Turn left onto Hoover Road. Take Hoover Road north to Holton Road and turn right. Take Holton to Meadow Grove and turn right into housing development. Turn left onto Marlow Drive and enter parking lot.

KILBOURNE – The school is one block east of the intersection of High Street and 161. They play home football games at Worthingway Middle School.

LANCASTER EWING (701 Union Street) – 33 south to 6th Avenue – turn right. Go two streets and turn left on Goodwin. This takes you to school.

LANCASTER SHERMAN (825 E. Fair Avenue) – 33 south to Fair Avenue – turn left, school is on Fair Avenue.

MARYSVILLE – Follow Route 33 west to the second Marysville exit – Route 4 and Rt. 31 north. Follow the Rt. 31 north exit and turn left at the top of the exit. The entrance to the school is on your right just before you come to the traffic light.

MARYSVILLE BUNSOLD- From I-270 in Dublin: Take 33 West (about 17 miles) to State Route 4 South. Go about 2.5 miles SOUTH on St Route 4 and the building is on the left.

MARYSVILLE CREEKVIEW – Follow Route 33 towards Marysville to the second Marysville exit – Route 4 and 31 north. Follow the Route 31 North exit and continue to the right at the top of the ramp. Go to the stop light at the entrance of The Woods at Mill Valley (Mill Valley Boulevard) and turn left. Follow Mill Valley Boulevard to Fawn Meadow Drive and turn right. Follow Fawn Meadow Drive to Creekview Drive and turn right. The school is on the right. Please use the main entrance to get to the gymnasium.

MCCORD – 315 to Hard Road. Go to second light on Hard Road (school is on the right) and turn right into the parking lot. Please park in the lot and not in the front of the school.

MT VERNON – North on 71 to 36 East. In Sunbury, 36 will continue by making a left at the traffic light. You will be on 36 East and 3 North. Travel 22 miles on 36/3 and as you enter Mt. Vernon, you will bear right at the fork in the road. This will put you on Columbus Road. Go approximately one mile on Columbus to Parrot Street and turn right. Take Parrot to “T” in the road. Turn left on Martinsburg Road, directing you to the high school. Follow signs to the high school. At 2/10 of a mile, bear right onto S. Division Street. It is 1/10 of a mile to the football field or track. The school is behind the high school.

NEW ALBANY MS – 270 east to 161 east to New Albany Road exit (Wendy’s and Tim Horton’s) – at stop sign turn right on New Albany Road to Fedor Road turn left – follow to high school and middle school.

NEW ALBANY HS - 270 east to 161 east to New Albany Road exit (Wendy’s and Tim Horton’s) – at stop sign turn right on New Albany Road to Fedor Road turn left – follow to high school and middle school.

NORTON – Take 270 to West Broad Street and exit to the west on Broad Street and continue for approximately one mile (five traffic lights) to Norton Road. Norton Middle School is the second school on the right.

NEWARK LINCOLN – (471 E. Main Street) 270 to 161 East. 161 becomes Route 16. Go to Cedar Street exit, turn right, 1st light east Main Street, turn left, school is ¼ mile on right.

NEWARK ROOSEVELT – 161 becomes Route 16. Exit onto 21st Street exit. Turn left (north) Jefferson Road turn right (this is not a main street) go to end of street. Dead ends into Mt Vernon Road, turn left, school is on left.

NEWARK WILSON – 161 become Route 16. Exit onto 21st Street exit. Turn right – 1st intersection turn right onto Church Street.

OLENTANGY LIBERTY – Rt. 23 north and turn left on Home Road, follow to Liberty Road and turn left onto Liberty. The school is ½ mile down on the right side.

OLENTANGY ORANGE – (2680 E. Orange Road) – 23 North to Orange Road (north of Powell Road) turn right on Orange Road, School will be on right side (past Old State Road).

OLENTANGY SHANAHAN – Rt. 23 north to Hyatts/Shanahan Road and make a right. The middle School is a short way down on the right.

OLENTANGY HYATTS – Rt. 315 north to Home Road and make a left. Cross over railroad tracks and turn right (north) onto Sawmill Parkway (Liberty HS on left). Turn right at the 2nd stop light (service road).

PERRY – Wilson Bridge Road to Snouffer Road and make a right onto Snouffer Road. School is on the left. You can also take 315 to 161 exit and then take Olentangy River Road to Snouffer and turn left. Go through one traffic light and Perry will be on your left 100 yards after the light.

PICKERINGTON LAKEVIEW – 70 East to St. Rt. 256 East, also known as Hill Road, turn left onto Refugee Road (McDonalds, CVS, BP are on the corners). Take Refugee Road approximately two miles east. Pickerington North High School is on the left. To reach Pickerington Lakeview, pass the high school on Refugee Road and the first left onto Pickerington Road. Within a few hundred yards, you will bear left onto Ault Road. Pickerington Lakeview is on the left.

PICKERINGTON RIDGEVIEW – 70 East to St. Rt. 256 – stay on 256, school is on left (old high school).

PLEASANT VIEW – 270 TO Georgesville Road exit. Turn right and go to Norton Road, turn left onto Norton and go past Bolton Airport on the left. You will come to Oakhurst Golf Club on the right. One mile past the course is a blinking light. Turn right on Kropp Road. Pleasant View is about a mile down the road on the left.

REYNOLDSBURG BALWIN– 270 to 70 east. Take Brice Road exit (North Reynoldsburg). Go North on Brice approximately one mile and turn east on Livingston Avenue. Continue approximately one mile and turn right on Baldwin Place. The school is at the end of Baldwin.

REYNOLDSBURG WAGGONER -270 East to exit 39 towards Newark, turn right on Waggoner Road and see school about half a mile up road.

UPPER ARLINGTON HASTINGS – 315 South to Henderson Road. Go right on Henderson to Reed Road, turn left on Reed and go four traffic lights to the school on the right.

UPPER ARLINGTON JONES – 23 north to 270 to 315 south. Exit on to Lane Avenue to the west to Coventry Road at the traffic light. Go south about six blocks and park along the street or in the parking lot one block west.

WATKINS – 70 east to Reynoldsburg St. Rt. 310. Take 310 north one mile to first traffic light (St. Rt. 40). Turn right or east and continue for two miles to Watkins Road. Turn left or north and follow for ¼ mile. School is on the left.

WESTERVILLE BLENDON – 270 to Westerville Rt. 3 exit. Go north on Rt. 3 or State Street to Schrock Road and go east to Otterbein Avenue and turn left. Blendon is next to the high school.

WESTERVILLE GENOA – 270 to Westerville Rt. 3 exit. Go north on Rt. 3 or State Street approximately five miles to freeman Road. Turn right and proceed to stop sign and turn right onto Old 3C. Genoa is on the right.

WESTERVILLE HERITAGE – 270 TO Westerville Rt. 3 exit. Go north on Rt. 3 or State Street through the City of Westerville to St. Paul's Church on the left. At the next light, make a right on County Line Road. Continue approximately three miles to the next light which is Spring Road and make a left. Heritage is the second school on your right.

WESTERVILLE WALNUT SPRINGS – 270 to Westerville Rt. 3 exit. Go north on Rt. 3 or State Street to Walnut Street and turn right. School is on the left just past Spring Street.

If directions are not available, we will send those directions home with the student athletes the first week of school. If you need directions, please feel free to call:

Mr. Mosca @Worthingway	883-3650
Mr. Kenny Chaffin @McCord	883-3550
Mr. Maddox @Perry	883-3600
Mr. Nathan Davis@ KMS	883-3500