

Children and Teens

Summer Grief Programs

Our licensed grief counselors are excited to offer in-person grief support groups and workshops this summer! Registration required - call (614) 704-8870 or cindy.fielding@ohiohealth.com. All programs noted below are at no cost.

6 Week Sessions

Counselors will utilize discussions, hands-on activities and expressive outlets to help grieving children and teens:

- Understand typical responses to grief and loss
- Learn healthy ways to express, navigate, and cope with their feelings and reactions
- Have opportunities to share memories and honor the lives of their loved ones

Registration deadline: June 14, 2022

Elementary School Kids (Grades K-5th)

Kobacker House | 800 McConnell Drive – Columbus 43214
Tues June 21 – Tues July 26 from 3:30-4:15pm

Middle School Kids (Grades 6th-8th)

Kobacker House | 800 McConnell Drive – Columbus 43214
Tues June 21 – Tues July 26 from 2-3pm

High School Teens (Grades 9th-12th)

The Preserve | 5450 Frantz Road – Dublin 43016
Thurs June 23- Thurs July 28 from 1-2pm

Workshop Series

Young Adult Grief

Designed for high school graduates ages 18-21
The Preserve | 5450 Frantz Road – Dublin 43016
June 28th, July 12th, July 26th and August 9th

Please register for one or more sessions.

Sessions will meet from 1-2:30pm

These stand-alone workshops will support young adults as they navigate their feelings and responses to grief while gaining independence and tackling new life challenges.

These programs are supported by the generosity of our community, including the OhioHealth Foundation. There are no costs associated with services.

Specialty Workshops

Sweet Dreams

Kobacker House | 800 McConnell Drive – Columbus 43214

July 19th from 4:30-6pm for ages 6-9 years

Registration deadline: July 12, 2022

August 2nd from 4:30-6pm for ages 10-12 years

Registration deadline: July 26, 2022

This workshop will involve an art activity and focus on dreams, sleep and worries and what the participants can do to improve their sleep.

Delaware Workshops

Grieving with Art

June 9th from 3-4:30pm - Registration deadline: June 1, 2022

June 30th from 3-4:30pm - Registration deadline: June 22, 2022

LOCATION:

Delaware Library Community Room
84 E Winter St, Delaware, OH 43015

Kids ages 8-11 years will process and express their grief through art related activities. Kids will have the opportunity to connect and make something special to take home. Sign up for one or both!

Registration required – call Grace Whistle at 614-309-7170 or grace.whistle@ohiohealth.com

