



FEBRUARY | 2019

Worthington Elementary Menu *Lunch Prices \$2.75, Reduced \$.40*

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28 Mini Corn Dogs Or Grilled Cheese Sandwich Baked Beans Sweet Potato Fries Mixed Fruits	29 Macaroni & Cheese with Roll Or Chicken Patty Sandwich Green Beans Baby Carrots Peaches	30 Cinnamon Pancakes w/Turkey Sausage Or Egg and Cheese Bagel Fresh Veggies, Hash Browns Fresh Fruit	31 Chicken Nuggets with Roll Or Baked Potato/Cheese/Roll Broccoli Romaine Salad Applesauce	1 Cheesy Breadsticks w/ Marinara Dipping Sauce Or Chef Salad w/Breadstick (Romaine, Turkey, Cheese, Tomato, Cucumber) Corn, Fresh Veggies Peaches Cookie
4 Beef Hot Dog Or Egg/Cheese Bagel Broccoli Carrots Peaches	5 Nachos (Taco Meat/Cheese/Chips) Or Cheese Quesadilla Corn Black or Refried Beans Applesauce	6 French Toast with Egg Patty Or Spicy Chicken Sandwich Hash Browns Fresh Veggies Fruit or 100% Juice	7 Cheeseburger Or Hamburger Sweet Potato Fries Fresh Veggies Mixed Fruits	8 Cheese Pizza Or Chef Salad w/Breadstick (Romaine, Turkey, Cheese, Tomato, Cucumber) Green Beans, Fresh Veggies Peaches Cookie
11 Mini Corn Dogs Or Grilled Cheese Sandwich Baked Beans Sweet Potato Fries Applesauce	12 Popcorn Chicken with Rice Or Pizza Munchable (Cheese, Sauce, Flatbread) Green Beans, Carrots Pineapple	13 Cinnamon Pancakes w/Turkey Sausage Or Egg and Cheese Bagel Fresh Veggies, Hash Browns Fresh Fruit	14 Chicken Nuggets with Roll Or Baked Potato/Cheese/Roll Broccoli Fresh Veggies Peaches	15 Cheesy Breadsticks w/ Marinara Dipping Sauce Or Chef Salad w/Breadstick (Romaine, Turkey, Cheese, Tomato, Cucumber) Corn, Fresh Veggies Peaches Cookie
18 No School Presidents Day	19 Soft Taco (Taco Meat/Cheese/Tortilla) Or Cheese Quesadilla Corn Black or Refried Beans Applesauce	20 French Toast with Egg Patty Or Spicy Chicken Sandwich Hash Browns Baby Carrots Fruit or 100% Juice	21 Chicken Patty Sandwich Or Lasagna Roll-up with Roll Romaine Salad Broccoli Peaches	22 Cheese Pizza Or Chef Salad w/Breadstick (Romaine, Turkey, Cheese, Tomato, Cucumber) Green Beans, Baby Carrots Pineapple Cookie
25 Mini Corn Dogs Or Grilled Cheese Sandwich Baked Beans Sweet Potato Fries Mixed Fruits	26 Macaroni & Cheese with Roll Or Chicken Patty Sandwich Green Beans Baby Carrots Peaches	27 Cinnamon Pancakes w/Turkey Sausage Or Egg and Cheese Bagel Fresh Veggies, Hash Browns Fresh Fruit	28 Chicken Nuggets with Roll Or Baked Potato/Cheese/Roll Broccoli Romaine Salad Applesauce	1 Cheesy Breadsticks w/ Marinara Dipping Sauce Or Chef Salad w/Breadstick (Romaine, Turkey, Cheese, Tomato, Cucumber) Corn, Fresh Veggies Peaches Cookie

News

Daily Third Option

Yogurt Fun Lunch
 Yogurt, Cheese,
 Cheddar Goldfish Crackers
 Cereal

1% White and Non-Fat
 Chocolate Milk included with
 meals

Milk a la carte \$.50

Fresh Fruits Available When in
 Season

Lunch must include 3 and up to
 5 Food Groups and students
MUST SELECT A FRUIT
 and/or **VEGETABLE**

Meal Components: Meat/Meat
 Alternate, Grain, Fruit,
 Vegetable, Fluid Milk

For nutritional visit
www.worthington.nutrislice.com

Substitutions may be necessary
 due to delivery and/or seasonal
 availability