

# **THE JOURNEY: FROM HIGH SCHOOL TO COLLEGE/CAREER**

January 17, 2018

College & Career  
Planning for the class  
of 2019.

Presented by the  
TWHS School Counselors

## CLASS OF 2019, “ARE YOU ON POINT”?

The graduating class of 2019 is the second class required to meet the new Ohio graduation expectations. Worthington City Schools has produced the following video to help you understand the new requirements!

## Are You On Point?

# INSIDE THE COLLEGE APPLICATION PROCESS

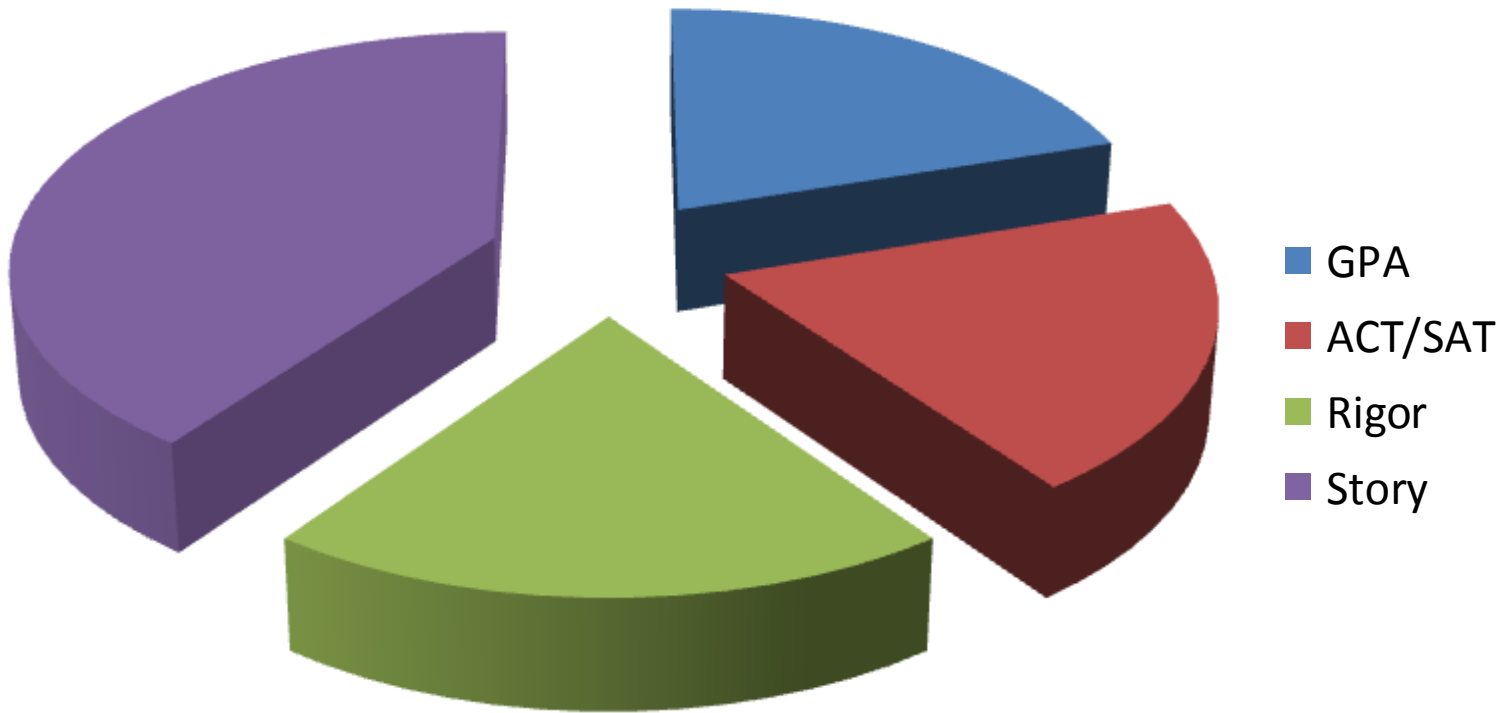


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# ADMISSIONS PROCESS: “TAKE AWAYS” FROM THE VIDEO...

- The admissions process is subjective! These are people evaluating your applications. There is no black & white equation.
- What are colleges looking for?
  - Merit- GPA and standardized test scores.
  - Rigor of the student’s curriculum.
  - Commitment that show the depth and passion to an activity (leadership, service). Depth versus breadth.
  - Gender, Socio-Economic class, gender, where you live all matter!
  - College Essay- What is your story? Prime Real Estate to show who you are!
  - Letters of Recommendation.

# HOLISTIC REVIEW



# Timeline for Junior Year

- Continue doing well in all of your courses! 41% of our seniors applied before 11/1. 55% applied before 12/1. Your transcript may only have 6 semesters of work on it! Work hard to do your best this year!
- Do your college & career research through Naviance or schools' websites. Your counselor is here as a "knowledgeable other"!
- Take practice ACT or SAT tests. Khan Academy for SAT and actstudent.org for ACT (Kaplan) are great resources.
- Conduct a career interest inventory on Naviance to lead you to the major you are interested in studying.
- ACT/SAT test in the spring of 2018. Last one should be in September or October of your senior year! (March @ TWHS).
- Visit schools, take tours, attend open houses!
- Attend College Fairs and College Representative meetings at TWHS.
- Talk with current college students and Counselor about college.

# Considering College Characteristics

*“Is it a fit for me?”*

- Academic program/majors available.\*For highly competitive programs, apply early! For example, Engineering @ Purdue, Pharmacy @ Ohio Northern, Business @ OSU, etc.
- Type of School: 2 year or 4 year institution. Earn an associates degree and transfer!
- Public vs. Private. Don't have sticker shock!
- Admission Policy – Early Decision (binding), Early Action, Regular, or Rolling Admissions.
- Cost and opportunity for financial aid.
- Location, location, location! How far do you want to be from home? A short drive, long-weekend, flight?

# College Characteristics, Cont.

- Size of enrollment- Small, medium, large?
- Reputation in a particular field- Journalism at OU, Co-Ops at UC, Design at Kent State, etc.
- Athletic programs (D1 & D2 are NCAA).
- Campus activities/social clubs
- Type of community- Urban, rural, college town.
- Minority representation.
- Disability services
- **Naviance – “Supermatch College Search” to prioritize these characteristics**



# Applying to College: *A few lines in, or cast a net?*



Student A: Has a focused major and list of colleges.  
Applying to only 3-4.



Student B: Has a wide range of colleges he/she is interested in. Applies to 8, 10, 12 to see what comes back.

# At minimum, we recommend you follow the “Rule of 4” when applying to college:

“Reach Schools” - Schools that are highly competitive, and select a low number of applicants (less than 10%). Your personal scores (GPA & ACT/SAT) are within reach, though it may be a stretch for you to get in. Have a minimum of one (1) school in this category (or more if you choose).

“Comfort Schools”- Schools that you feel your ACT/SAT scores, and GPA are in the average. Schools that are competitive, though may admit a higher percentage of students. Have a minimum of two (2) schools in this category.

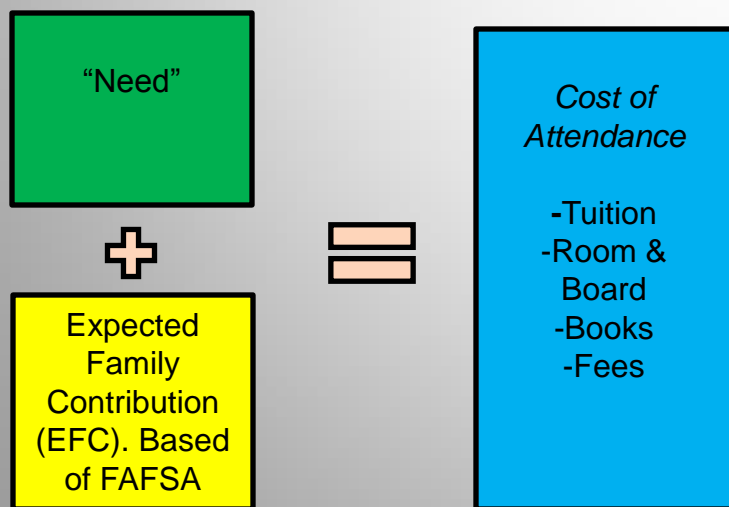
“Safety Schools”- Schools that you feel confident that you will be accepted to. Your average scores and GPA are above the average and you are confident at your chances of getting in, or know you will get in. Have a minimum of one (1) school in this category.

# College Visits

- College visit checklist of questions. See the “Document Library” on the junior Naviance homepage.
- To schedule a college tour, visit the college’s website and look for keywords such as “Visit”, “Tours”, or “Prospective Students.” You can select the day & time of your visit. See if you can speak with an admissions representative about your program after the tour.
- After visit: Continue contact with school; meet with admissions rep. when they visit TWHS. Some colleges track your interest!
  - List of colleges visiting TWHS are announced, and on the student’s Naviance personal page.

# FAFSA – Attend our Financial Aid Night Early September, 2018.

- The Ohio Association of Student Financial Aid Administrators (OASFAA) [www.oasfaa.org](http://www.oasfaa.org)
- October 1<sup>st</sup> of Senior year: Complete The Free Application for Federal Student Aid (FAFSA) - [www.fafsa.ed.gov](http://www.fafsa.ed.gov)
- Financial Admissions representatives are available to help you complete the FAFSA. [www.fafsahelpoh.org](http://www.fafsahelpoh.org)



Your *need* of financial aid is met by:

- 1) Scholarships- Merit & Athletic
- 2) Grants- Based off of FAFSA
- 3) Federal or private loans.
- 4) Federal Work Study Programs

**Complete the FAFSA! No one makes too much, or too little money to apply for aid! Some schools will not award aid unless FAFSA is completed.**

# Scholarships

- Typically, the most money is generated by the school you select to attend (90+%) - Merit based and Need Based Scholarships
  
- 3 Types of Scholarships:
  1. School Specific- Check the school financial aid website for a list of scholarships that you may be eligible for. Merit based may be automatically awarded when you apply.
  
  2. Web-based Search Engines: [www.FinAid.com](http://www.FinAid.com) or [www.Fastweb.com](http://www.Fastweb.com) These are national search engines.
  
  3. Local Scholarships are posted on Family Connection (Naviance) and come out in March of senior year.

# Athletics and Military Information

- Student- Athletes: Division 1 and Division 2
  - NCAA Clearinghouse
    - Register & Send a high school transcript at the end of Junior Year.
- Military Academy: If interested in a nomination to a military academy contact your state representative office or your School Counselor
  - This process should be happening now!
  - We can also help your son or daughter meet with a recruiter if they are considering the military. There are many wonderful opportunities within our military!

# ACT and SAT

- Begin taking these tests the spring of Junior year.
- Per the Ohio Department of Education, there will be a free standard ACT test provided to all juniors on February 27<sup>th</sup>. ACT scores are used to determine if you are “College Ready”. Minimum scores are: English 18, Math 22, Reading 22.
- Colleges/universities look for your best scores, whether they are on the ACT or the SAT. Approximately 20% of colleges “superscore”.
- We encourage our students to take ACT w/Writing at least once, however, more schools are moving away from this.
- Some Highly Selective Colleges will request SAT Subject tests - check with schools
- ACT/SAT Prep classes or tutors are available. Speak to your son or daughter’s school counselor for more info.
- [www.actstudent.org](http://www.actstudent.org) or [www.collegeboard.org](http://www.collegeboard.org)

# SAT

1. **Critical Reading**
2. **Math**
3. **Essay (optional)**

*Colleges only composite the  
Critical Reading + Math section  
for their scores.*

*Score out of 1600 (800 for  
Reading & Math)*

\$54.50 for the test.

Subject tests are an additional  
\$26.00

# ACT

1. **Science Reasoning**
2. **Reading**
3. **English**
4. **Math**

*Composite score of 36. Each  
subtest gets a score up to 36.*

- Optional: Writing Section
- \$58.50 w/writing
- \$39.50 without writing



# “Words of Wisdom”

- Meet with your counselor one on one prior to registration to talk about classes and college.
- Be sure to post only “appropriate” pictures and comments on social media.
- Make sure your e-mail address is professional and always use the same one!
- Proof Reading: Be sure to send documents that have been thoroughly proofread by numerous individuals!
- Letters of Recommendation: Begin considering who will write you a letter of recommendation. Ask yourself, “Who knows me best?” However, be sure to check the requirements from the college!
- Send a thank you letter to an admissions representative who you may have met during a tour or visit.

# “Words of Wisdom”

- If you are applying ED or EA to a college, your last ACT or SAT should be in September or October!
- When you register for the ACT or SAT, you are allowed to send your scores directly to four (4) colleges. This will save you \$13.90 / college if you wait until after your scores come in.
- Please tell your School Counselor if you are on the Federal Free or Reduced Lunch program.
- Practice the SAT at [www.khanacademy.org](http://www.khanacademy.org). We also have practice ACT and SAT tests in the Counselor’s office for you to have!
- Plan a road trip over spring break or the summer to visit colleges!
- Come back in the fall of your senior year with schools you are ready to apply to!

<http://connection.naviance.com/twhs>

## Welcome to Family Connection

Nice to see you again! Please log in.

e-mail

password

remember me

Log In

[forgot your password?](#)

[need additional help?](#)

**Students will use their school login (not email) to enter site**

are you new here?

[I need to register](#)

**Parents will start here unless you already have created your login!  
(Email counselor for Parent code if needed)**



# Naviance + Career

Remember when we did this freshmen year?!

The screenshot shows the Naviance career interest profiler interface. At the top, there is a navigation bar with tabs for 'home', 'colleges', 'careers', 'about me', and 'my planner'. The 'careers' tab is selected. Below the navigation bar, there is a search bar for careers with a 'Go' button and a link to 'MORE SEARCH OPTIONS >>'. The main content area is titled 'my career interest profiler' and displays the following results:

- **Realistic:** 16
- **Investigative:** 20
- **Artistic:** 3
- **Social:** 15
- **Enterprising:** 8
- **Conventional:** 21

Below the results, there is a paragraph explaining that the user's strongest interests are in green (Realistic) and that these interests can help find satisfying occupations. A button labeled 'View Matching Occupation List' is provided. The interface also includes sections for 'explore careers' with links to 'favorite careers & clusters' and 'explore careers & clusters', and 'what are my interests?' with links to 'cluster finder' and 'career interest profiler'. At the bottom, there are definitions for Realistic, Investigative, and Artistic occupations.

Naviance is still a great career exploration tool!

# Other Career Resources

## ○ Ohio Means Jobs

The screenshot shows the OhioMeansJobs.com website homepage. At the top left is the logo for OhioMeansJobs.com, and at the top right is the Ohio.gov logo. In the center is a cartoon red cardinal wearing a blue tie and brown shoes. To the left of the cardinal is the text "Individuals" with a green "GET STARTED" button below it. To the right is the text "Employers" with a blue "GET STARTED" button below it. Below the cardinal is the text "Click on me to see video to learn more about OhioMeansJobs". Below that is the text "Search Jobs" with a red "GET STARTED" button below it. At the bottom is a row of ten icons with labels: "IN-DEMAND CAREERS" (thumbs up), "IN-DEMAND REPORTS" (magnifying glass), "ONLINE TRAINING" (gold medal), "CAREER PLANNING" (clipboard), "EMPLOYMENT PROGRAMS" (gears), "OHIO MEANS JOBS CENTERS" (building), "OHIO MEANS JOBS EVENTS" (calendar), "CAREER PATHWAYS" (pathway), "BUDGET CALCULATOR" (calculator), "OCCUPATIONAL SEARCH" (hand holding phone), and "CAREER PROFILE" (person icon).

Ohio MEANS Jobs .com

Ohio.gov

Individuals

GET STARTED

Employers

GET STARTED

Click on me to see video to learn more about OhioMeansJobs

Search Jobs

GET STARTED

IN-DEMAND CAREERS

IN-DEMAND REPORTS

ONLINE TRAINING

CAREER PLANNING

EMPLOYMENT PROGRAMS

OHIO MEANS JOBS CENTERS

OHIO MEANS JOBS EVENTS

CAREER PATHWAYS

BUDGET CALCULATOR

OCCUPATIONAL SEARCH

CAREER PROFILE

Ohio Regional Articles | Workforce Professionals | OhioMeansInternships | Entrepreneurship

# OhioMeansJobs.com: Choose K-12 Student

## Individuals

OhioMeansJobs can help guide your career search if you tell us a little more about yourself.  
Are you a:

Veteran



K-12 Student



Unemployment Compensation Claimant



Individual with a Disability



Job and Family Services Client



College Student



Click on me to see video to learn more about OhioMeansJobs

Search Jobs

GET STARTED

Ready to explore on your own

GET STARTED



IN-DEMAND CAREERS



IN-DEMAND REPORTS



ONLINE TRAINING



CAREER PLANNING



EMPLOYMENT PROGRAMS



OHIOMEANSJOBS EVENTS CENTERS



CAREER PATHWAYS



BUDGET CALCULATOR



OCCUPATIONAL SEARCH



CAREER PROFILE

[Ohio Regional Articles](#) | [Workforce Professionals](#) | [OhioMeansInternships](#) | [Entrepreneurship](#)



Tip: always look for the cardinal with the graduation cap, OWEN. He will provide tips and help as you use OhioMeansJobs K-12. Remember to always click on OWEN wearing his graduation cap to enter OhioMeansJobs K-12, when visiting OhioMeansJobs.com.

# OhioMeansJobs K-12

The screenshot shows the OhioMeansJobs K-12 website. At the top left is the logo "Ohio MEANS Jobs .com". At the top right is a "SIGN IN" button with a small backpack icon. Below the logo is a search bar with three input fields: "Enter job title", "Enter keywords", and "Enter job location", followed by a dropdown menu set to "OH" and a "SEARCH JOBS" button. On the left side, there is a vertical navigation menu with four sections: "Explore It" (Types of jobs, positions, industries), "Plan It" (Education, training, skills), "Fund It" (Budgeting tools, scholarships, info), and "Find It" (Jobs, resumes, applications). The main content area features a large banner with the heading "OhioMeansJobs K-12 The place to plan your future." and a list of activities: "Take the guided tour", "Create your online backpack", "Take a career interest survey", "Explore career information", and "Build a budget". Below the list are two buttons: "GET STARTED ON MY OWN" (highlighted with a red box) and "TAKE THE GUIDED TOUR". To the left of the text is a cartoon cardinal wearing a graduation cap and tie, and to the right is a green backpack with the OhioMeansJobs logo.

By creating a profile with Ohio Means Jobs K-12, you will be able to store information in your virtual backpack, such as careers, job searches, schools you're interested in, etc. Your K-12 profile will transition when you graduate to a College Student Account or a Job Seeking Account!

# OMJ Can Help with Test Prep!

## College and Career Readiness Tools for Middle and High School Students

[VISIT ONLINE TRAINING CENTER](#)

### Recommended Tests and Tools for Students

The following practice tests and tools will help you build skills and prepare for college, military, and career exams.

Name	Action
PRAT	<a href="#">GET STARTED</a>
ACI	<a href="#">GET STARTED</a>
SAT	<a href="#">GET STARTED</a>
WorkKeys®	<a href="#">GET STARTED</a>
ASVAB	<a href="#">GET STARTED</a>
COMPASS	<a href="#">GET STARTED</a>
AP TESTS	<a href="#">GET STARTED</a>
Elementary, Middle & High School Skills Improvement	<a href="#">GET STARTED</a>
Computer Skills	<a href="#">GET STARTED</a>
Prepare for Career Tests	<a href="#">GET STARTED</a>

[VISIT MY ASSESSMENTS PAGE](#)

When you complete a test, we'll show your score here and give you a certificate of achievement! You can upload a copy to your Documents list for future reference.





# Additional Resources

- <http://jobcenter.usa.gov/youth>
- <https://bigfuture.collegeboard.org/>
- <http://onpace.osu.edu/modules/>
- <http://www.myplan.com/index.php>
- <https://www.cappex.com/>
- <http://www.thecareerproject.org/>
- <http://www.collegemajors101.com/>
- <http://www.learnhowtobecome.org/>
- <http://www.bls.gov/ooh/>
- <http://www.onetonline.org/>

# Have You Considered...?

## ○ **The Delaware Area Career Center**

- It's not too late! NEW Pharmacy Technician Program for SENIORS only, just started in the 2016-2017 school year

## ○ **The Military**

- We have recruiters from every division of the military who are here to help connect you to careers you may want to explore

## ○ **Meeting with Your Counselor ☺**

- Not only are we an important resource in the career exploration process, we are able to tell you more about some of the classes we offer at TWHS, such as Career Mentorship

# Explore Your Options

- It's never too late to start exploring! The best experience you can have is to do some job shadowing and see what a day in the life of any job is really like.
- Spend some time having conversations with your parents and discussing what is important to you in your future career. Try to be honest with one another!
- Use your available resources 😊

**Your child's School Counselor looks forward to working with your son or daughter on their transition to post-secondary college, military, or employment!**

Mrs. Felicha Smith – Last names A- D

Mrs. Kelly Swearingen - Last names E – K

Mrs. Celeste Preisse – Last names L & M (Career Counselor)

Mr. David Quart – Last names N – R (College Counselor & CCP Coordinator)

Mrs. Stephanie Burns – Last names S- Z

**Thank you and Go Cards!**