



**Tired of repeating yourself to get your kids to listen?
Trying to figure out a discipline strategy that works?**

Get the answers to these questions and much more by attending this **FREE** evidence-based parenting program, **ACTIVE PARENTING NOW**.

Parents will gain the confidence in their role as a parent, improve relationships, help their kids succeed in school and in life, all while reducing their stress.

Topics include *discipline, communication, problem-solving strategies, building independence, responsibility, resiliency, and more!*

Join us for these **FREE** virtual parenting workshops!

This series builds parenting skills in a sequence. Attendees need to attend all 6 one-hour sessions to get the most out of the program. (Parent Guides may be picked up at the Worthington Education Center before the session begins.)

DATES: Feb 7, 8, 14, 15, 21, 22

TIME: Noon to 1 pm each session

LOCATION: Zoom (Link will be sent prior to Session 1)

REGISTER BY FEB. 3, 2022

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**ACTIVE PARENTING NOW FOR
CAREGIVERS OF CHILDREN
AGES 5-12**

REGISTER TODAY!!

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**ACTIVE PARENTING OF TEENS
FOR CAREGIVERS OF
CHILDREN
AGES 12+
COMING SOON**

**REGISTER AT:
<https://bit.ly/activeparentingteens1>**
