

Worthington Schools Extended Closure Student Well-Being Information March 2020

Dear Worthington Families,

The extended closure of our schools, and abrupt changes to all of our lifestyles due to the COVID-19 pandemic, is impacting all of us in a variety of ways. We would like to share some resources with you, and assure you that our district school counselors, mental health specialists, and all staff are available to assist you and your children as needs arise.

Information to assist with free breakfast and lunch for students? Info is <u>HERE</u> in 4 languages.

Information to assist with remote learning - Students need WiFi? Read details <u>HERE</u> on how to get free access

Families who need medical help or are concerned about symptoms?

HERE is how to access multilingual support from our amazing partners at

Nationwide Children's Hospital or Primary Care Center

Helpful hints for structuring this extended time away from school, including dealing with anxiety and emotional needs is <u>HERE</u>

For emergency and crisis response:

Call 911 or go to emergency department Franklin County Crisis Line 614-722-1800 National suicide prevention- 1-800-273-talk Crisis text line- 741741 School violence helpline- 866-871-0926

To find community mental health supports, in addition to your family insurance websites, please contact:

Cap for Kids - 614-722-2000 - www.cap4kids.org

Hands On Central Ohio - 614-221-2255 - http://www.211centralohio.org/