

Slate Hill School Counseling Newsletter

May 2019

Upcoming Events:

May 3: Rick Fuller
Classic Jog-a-Thon

May 6-10: Teacher
Appreciation Week

May 16: Spring
Concert

May 20: Star Fun Day

May 22: Talent Show,
Last Day of School



Hello Slate Hill Families!

Woohoo! We have now completed testing and are finishing strong here at Slate Hill! We have so many fun field trips and experiences coming up for students, please be sure to check communication from your child's teacher for up-to-date information! Have a great summer!

Please feel free to reach out at:

614-450-5020

or

sloges@wscloud.org

parker.1077@osu.edu

Best,

Stefanee Loges and Shana Parker

Classroom Lessons

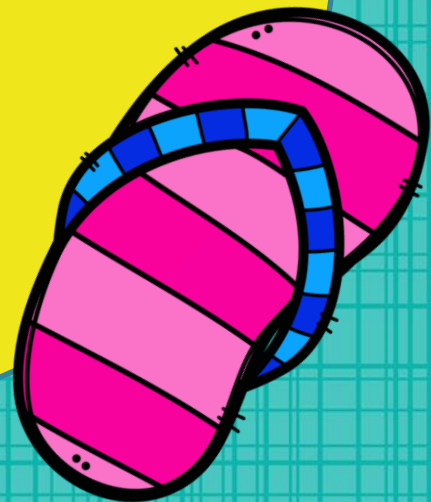
In April, lessons focused on interests and career (K-2nd and 5th), conflict resolution (3rd and 4th), and decision-making (6th).

As the year comes to a close, in May lessons will explore goal-setting (K-5) and transitioning to Middle School for the 6th graders.

Small Groups Update:

The following groups are wrapping up by May 15th:

- Kindergarten Girlfriends Group
- 4th Grade Girlfriends Group
- 4th Grade Boys Bunch



Tips for Parents:

Summer is the time to refresh and relax, and have LOTS of fun! Below you will find some ideas to also continue your child's social-emotional learning:

- Goal Setting- Ask your child to set summer goals
- Decision Making- Ask your child what decisions he or she has made recently and discuss how they made that choice
- Journaling- Encourage your child to journal their thoughts and feelings
- Build Relationships- Encourage your child to meet new friends and continue seeing their friends and family over the summer



<https://toogoodprograms.org/blogs/blog/using-social-emotional-learning-and-prevention-education-skills-during-the-summer>

Summer Options:

With summer on its way, it's time to start considering options for summer learning!

- Reducing Stress with Mindfulness Class taught by Mrs. Loges through the Worthington Summer Enrichment Academy: This class will focus on different breathing techniques, body postures, and positive attitudes that can help you reduce stress, improve your mood, and control your body.
<https://www.worthington.k12.oh.us/cms/lib02/OH01001900/Centricity/Domain/180/2016%20WSEA%20Course%20Descriptions.pdf>
- ROX Star Summer Programs for Rising 4th-6th grade girls:
<https://rulingourexperiences.com/communityprogams>
- Worthington Summer School Courses:
<https://www.worthington.k12.oh.us/domain/180>