Hospice

Helping Grieving Children and Teens

Resource List

For families/children/teens: (or for professionals to use with children and teens.)


**After a Murder**, a Workbook for Grieving Kids. The Dougy Center for Grieving Children, 2002.


**Grief is Like a Snowflake**. By Julia Cook. National Center for Youth Issues, 2011.


**Living When a Young Friend Commits Suicide**, or Even Starts Talking about It. Earl A. Grollman and Max Malikow, Beacon Press, 1999.


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**Traumatic Loss Resource List**

*For families/children/teens: (or for professionals to use with children and teens.)*

**After a Murder**, a Workbook for Grieving Kids. The Dougy Center for Grieving Children, 2002.


**After Suicide Loss; Coping with Your Grief**, Bob Baugher, Ph.D, Jack Jordan, Ph.D. 2002.


**Healing Your Traumatized Heart**: 100 practical ideas after someone you loves dies a sudden, violent death. Alan D. Wolfelt, Ph.D. Companion Press, 2002.


**Suicide of a Child**: For parents whose child has died by suicide. By Adina Wrobleski. Centering Corporation, Revised, 2012.


**Understanding Your Suicide Grief**: Ten essential touchstones for finding hope and healing your heart. Alan D. Wolfelt, Ph.D. Companion Press, 2009.


**Resource websites:**

American Foundation for Suicide Prevention: [www.afsp.org](http://www.afsp.org)

Compassion Books: [www.compassionbooks.com](http://www.compassionbooks.com)

Companion Press (Alan D. Wolfelt, Center for Loss and Life Transition): [www.centerforloss.com](http://www.centerforloss.com)

Centering Corporation: [www.centering.org](http://www.centering.org)


The National Child Traumatic Stress Network: [www.NCTSNet.org](http://www.NCTSNet.org)

Substance Abuse and Mental Health Services Administration (SAMHSA): [https://www.samhsa.gov/capt/tools-learning-resources/coping-traumatic-events-resources](https://www.samhsa.gov/capt/tools-learning-resources/coping-traumatic-events-resources)