

# Worthington Schools

## Physical Education Waiver FAQ

### **Frequently Asked Questions:**

#### **What constitutes a “full season” in Worthington Schools?**

Criteria for full participation is determined by Principal/Athletic Director. A full season is the first practice until the last event or banquet as per the athletic handbook.

**How much Physical Education is required to graduate from Worthington Schools?** Students are required to complete one-half unit of Physical Education for graduation. Both elective and traditional Physical Education courses require a minimum of 120 hours of course instruction to earn one-half unit of credit.

#### **For Physical Education (PE) Exemption, will other activities (non-school-sponsored athletics, etc.) which involve physical activity on the part of students be counted toward the two semesters of PE?**

No. The statute specifically limits the participation to interscholastic athletics, marching band, and cheerleading. There is no authority granted to a board of education to include any additional participation.

**Are there any other requirements students must meet beyond the two full seasons of participation in interscholastic athletics, marching band or cheerleading?** Yes. Exempted students also must complete one-half unit in another curricular area. This one-half unit in another curricular area keeps the minimum number of credits required for graduation at 20.

**For PE, what is the impact of being “cut”, quitting, or having an athletic/activity code violation?** The statute requires participation “for at least two full seasons.” The season during which a student was “cut,” quit, or had an athletic code violation that caused forfeit of 50% or more of a season, will not be used to meet the two-season requirement.

**If a student participates in only one full season of an approved activity, can the student be excused from .25 units of PE and thus have to take only .25 units of PE to complete his or her PE requirement under the Ohio Core?** No. The statute requires participation “for at least two full seasons.” There is no provision in the law that would permit any type of partial excuse.

#### **What happens if a student is injured during the season?**

Injury will not prevent the completion of one season if the Principal, Coach, or Athletic Director concedes that the student actively participated and made contributions in spite of injury.

#### **Can team managers or statisticians complete the waiver?**

No, Worthington team managers and statisticians are not eligible for the waiver. Only students physically participating in the activity are eligible.

**If a student has not completed the required two seasons of a qualifying sport by the end of the junior year, can the student apply the second required season during the senior year?** No. Juniors must complete the second required season by the end of the junior year.

**What happens if a high school senior has not fulfilled the PE requirements by the end of the junior year?** These students will automatically be scheduled into a PE class.

# Worthington Schools

## Application for Physical Education Class Waiver

Please print the following information. Complete and return to the Athletic Office at the completion of the second athletic, marching band, or cheerleading season.

Name: \_\_\_\_\_

Parent/Guardian's Name: \_\_\_\_\_

High School: \_\_\_\_\_

Please be informed that I have participated in, and completed one or more of the following high school sports/activities for two seasons serving as a waiver for one of my Physical Education requirements: Baseball, Basketball, Bowling, Cheerleading, Cross Country, Field Hockey, Football, Golf, Gymnastics, Ice Hockey, Lacrosse, Marching Band, Soccer, Softball, Swimming & Diving, Tennis, Track & Field, Volleyball, Wrestling or Water Polo.

- I understand that credit will not be awarded for this waiver and I will recover 0.5 credits through other elective courses.
- I understand that if I am cut, quit, become academically ineligible or removed from a team and do not participate in two additional activities, I will need to complete the Physical Education requirement for graduation.
- I understand that participation in the above activities during my senior year will not count towards this application.
- I understand that my role as a team manager or student trainer will not count towards this application.

By signing this form, I verify that I have read and understand the criteria regarding the Physical Education Waiver.

**Student Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_

**Parent/ Guardian Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_

*Please complete the areas below and obtain the signatures of each sports coach and the athletic director prior to turning in the form.*

### Season 1

Sport/Activity: \_\_\_\_\_

School Year: \_\_\_\_\_

**Coach/Band Director:**

\_\_\_\_\_  
(signature)

\_\_\_\_\_  
(date)

### Season 2

Sport/Activity: \_\_\_\_\_

School Year: \_\_\_\_\_

**Coach/Band Director:**

\_\_\_\_\_  
(signature)

\_\_\_\_\_  
(date)

**Administrative Verification:** \_\_\_\_\_

**Date:** \_\_\_\_\_