

Helping Grieving Children and Teens**Resource List**

For families/children/teens: (or for professionals to use with children and teens.)

After a Death, an Activity Book for Children. The Dougy Center for Grieving Children, 2007.

After a Murder, a Workbook for Grieving Kids. The Dougy Center for Grieving Children, 2002.

After a Suicide Death, an Activity Book for Grieving Kids. The Dougy Center for Grieving Children, 2001.

Ben's Flying Flower, a story of dealing with the illness and death of a sibling, Inger Maier. Magination Press, 2012.

Brave Bart, a Story for Traumatized and Grieving Children. Caroline H. Sheppard. The Institute for Trauma and Loss in Children, 1998.

The Class in Room 44, When a Classmate Dies. A Centering Corporation Resource by Lynn Bennett Blackburn, 1991.

Fire in My Heart, Ice in My Veins, A journal for teenagers experiencing a loss. A Centering Corporation Resource by Enid Samuel-Traisman, MSW, Revised 2003.

Grief is Like a Snowflake. By Julia Cook. National Center for Youth Issues, 2011.

Healing a Child's Grieving Heart, 100 Practical Ideas for Families, Friends and Caregivers. By Alan D. Wolfelt, Ph.D. Companion Press, The Center for Loss and Life Transition, 2001.

Healing a Teen's Grieving Heart, 100 Practical Ideas for Families, Friends and Caregivers. By Alan D. Wolfelt, Ph.D. Companion Press, The Center for Loss and Life Transition, 2001.

The Healing Your Grieving Heart Journal for Teens. By Alan D. Wolfelt, PhD., and Megan E. Wolfelt. Companion Press, The Center for Loss and Life Transition, 2002

I Miss You: A First Look at Death, a book to help young children with their feelings and questions about death. By Pat Thomas. Barron's Educational Series, Incorporated, 2001.

Lifetimes, a book using nature to explain to children that dying is as much a part of living as being born. By Bryan Mellonie and Robert Ingpen. Bantam Books, 1983.

Living When a Young Friend Commits Suicide, or Even Starts Talking about It. Earl A. Grollman and Max Malikow, Beacon Press, 1999.

Memories Live Forever, A Memory Book for Grieving Children. By Sharon Rugg, 1995.

Muddles, Puddles and Sunshine, Your activity book to help when someone has died. By Diana Crossley. Hawthorne Press, 2000.

A Parent's Guide to Raising Grieving Children, Rebuilding your Family after the Death of a Loved One. By Phyllis R. Silverman and Madelyn Kelly. Oxford University Press, 2009.

Reactions, a workbook to help young people who are experiencing trauma and grief. By Alison Salloum, BCSW, A Centering Corporation Resource, 1998.

Samantha Jane's Missing Smile, A Story about Coping with the Loss of a Parent. By Julie Kaplow and Donna Pincus. Magination Press, 2007.

Tell Me Papa, answers to questions children ask about death and dying. By Joy and Dr. Marvin Johnson. Centering Corporation, 1978.

A Terrible Thing Happened, a story for children who have witnessed or experienced violence or trauma. By Margaret M. Holmes. Magination Press, 2000.

When Dinosaurs Die, an informative, comforting book that explains death in a way that holds children's interest. L. Krasny-Brown and Marc Brown. Little, Brown Books for Young Readers, 1998.

When Someone Very Special Dies, Children Can Learn to Cope with Grief. Marge Heegaard. Woodland Press, 1988.

Traumatic Loss Resource List

For families/children/teens: (or for professionals to use with children and teens.)

After a Murder, a Workbook for Grieving Kids. The Dougy Center for Grieving Children, 2002.

After a Parent's Suicide: Helping Children Heal. Margo Requarth, M.A., M.F.T. Healing Hearts Press, 2008.

After a Suicide Death, an Activity Book for Grieving Kids. The Dougy Center for Grieving Children, 2001.

After Suicide Loss; Coping with Your Grief. Bob Baugher, Ph.D, Jack Jordan, Ph.D. 2002.

Bart Speaks Out: Breaking the silence on suicide, an interactive storybook for children. Linda Goldman. Western Psychological Services, 1997.

Brave Bart, a Story for Traumatized and Grieving Children. Caroline H. Sheppard. The Institute for Trauma and Loss in Children, 1998.

But I Didn't Say Goodbye: For parents and professionals helping child suicide survivors. Barbara Rubel. Griefwork Center, Inc., 1999.

Healing Your Traumatized Heart: 100 practical ideas after someone you loves dies a sudden, violent death. Alan D. Wolfelt, Ph.D. Companion Press, 2002.

Reactions, a workbook to help young people who are experiencing trauma and grief. By Alison Salloum, BCSW, A Centering Corporation Resource, 1998.

Someone I Love Died by Suicide: A story for child survivors and those who care for them. Doreen Cammarata. Limitless Press, LLC, 2009.

Suicide of a Child: For parents whose child has died by suicide. By Adina Wroblewski. Centering Corporation, Revised, 2012.

A Teenager's Book about Suicide: Helping break the silence and preventing death. Earl Grollman and Joy Johnson. Centering Corporation, 2001.

A Terrible Thing Happened, a story for children who have witnessed or experienced violence or trauma. By Margaret M. Holmes. Magination Press, 2000.

Understanding Your Suicide Grief: Ten essential touchstones for finding hope and healing your heart. Alan D. Wolfelt, Ph.D. Companion Press, 2009.

The Understanding Your Suicide Grief Journal: Exploring the ten essential touchstones. Alan D. Wolfelt, Ph.D. Companion Press, 2009.

What to do When the Police Leave, A Guide to the First Days of Traumatic Loss. Bill Jenkins. WBJ Press, 2001.

When Someone You Love Completes Suicide. Sondra Sexton-Jones, M.S., L.P.C., L.M.F.T. Centering Corporation, Revised, 2006.

Resource websites:

American Foundation for Suicide Prevention: www.afsp.org

Compassion Books: www.compassionbooks.com

Companion Press (Alan D. Wolfelt, Center for Loss and Life Transition): www.centerforloss.com

Centering Corporation: www.centering.org

The Dougy Center, The National Center for Grieving Children and Families:
http://www.tdcbookstore.org/store/c1/Featured_Products.html

The National Child Traumatic Stress Network: www.NCTSNet.org

Substance Abuse and Mental Health Services Administration (SAMHSA):

<https://www.samhsa.gov/capt/tools-learning-resources/coping-traumatic-events-resources>